

News flash!

Bevercreek Mat classes starting next week:

Xcel Sports Medicine: 3916 Indian Ripple Rd, 45440

Opening special: Only \$10 per class

Wednesday @ 5.30pm from February 5th- May 13th

Monday & Friday @ 1pm February 10th- May 18th

Saturday classes (times TBA) with Segun or Celeste starting on Feb 29th

All classes are subject to change. Pre booking is essential.

Call Xcel (937) 702-9753 or Celeste (937) 469-0432

Online signup available on this link:

https://www.supersaas.com/schedule/Peak_Personal_Pilates/Pilates_Classes

If you plan to Drop in, please call first. All participants should come early to register before class. Please bring your own Mat but there will some available in the studio if you don't have one. There will **NOT** be a class on the following dates: Mon 2/24 and Fri 2/28, Fri (4/17) and Mon (4/20)

Celeste is available for Private/Duet sessions on the following days:

Monday noon-3.30pm, Wednesday noon-6.30pm, Friday Noon-6pm,
Saturday/Sunday (by appointment only but Segun is available from March/April

The apparatus classes are by appointment only. All new clients who want to join an apparatus class must schedule at least one private session and Celeste will place you in the appropriate level class after an evaluation.

**Contact Celeste directly for Private, Duet or Apparatus classes
(937) 469-0432 OR email: celeste@xcelpilates.com**