

Xcel Sports Medicine

*For patients
and
individuals
who want to
stay fit*



Senior Fitness Program Led by Hayley Heck

COME JOIN US

..... 2017

On-going Sessions

Tuesdays & Thursdays

11:00am – 11:45am

4 weeks/8 classes \$35 per session

or

6 weeks/12 classes \$55 per session

or

\$5 drop-in fee



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RESERVE YOUR SPOT NOW!